

# Weekly Aquatics Schedule = February 08 - February 14

## Competition Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30	Bluephins 7L	Lane Swim 1L	Bluephins 3L	Lane Swim	Bluephins 4L		
6:00	Aqua Jog 3L	Lane Swim 3L	Aqua Jog 3L	Lane Swim	Aqua Jog 3L		
7:00	Cardio Craze 4L	Lane Swim	Cardio Craze 4L	Lane Swim	Cardio Craze 4L		
8:00	Open Swim & School Bookings	Open Swim & Morell Cons (9:30-11:30) & K&K Quality Care	Open Swim & School Bookings	Open Swim & Stonepark (9:30-11:00)	Swimming Lessons & Special Needs		
9:00	Aqua Arthritis 5L	Lane Swim	Aqua Arthritis 5L	Lane Swim	Aqua Arthritis 5L		
10:00	Open Swim & School Bookings	Open Swim & Morell Cons (9:30-11:30) & K&K Quality Care	Open Swim & School Bookings	Open Swim & Stonepark (9:30-11:00)	Swimming Lessons & Special Needs		
11:00	Aqua Arthritis 5L	Lane Swim	Aqua Arthritis 5L	Lane Swim	Aqua Arthritis 5L		
12:00	Open Swim & School Bookings	Open Swim & Morell Consolidated	Open Swim & Morell Consolidated	Open Swim & Mt Stewart	Toonie Swim \$2.00 Per Person!		
1:00	Bluephins	Bluephins 3L	Bluephins	Bluephins 3L	Bluephins		
2:00	Naiads	Sunset Fitness 2L	Naiads 6L	Sunset Fitness 2L	Naiads		
3:00	Naiads 4L	Lane Swim 2L	Naiads 4L	Lane Swim 2L	Naiads 4L		
4:00	Masters 4L	Liquid Abs 2L	Masters 4L	Liquid Abs 2L	Masters 4L		
5:00	Community Swim \$3.00 Per Person!	Bluephins 2L	Community Swim \$3.00 Per Person!	Bluephins 2L	Community Swim \$3.00 Per Person!		
6:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
7:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
8:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
9:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
9:30	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		

This Schedule Is Not Reflective Of The Number Of Lanes Available In The Competition Pool. Unless otherwise Noted.



## Leisure Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
6:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
7:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
8:00	Cardio Craze	Cardio Craze	Cardio Craze	Cardio Craze	Cardio Craze		
9:00	Baby & Me	Open Swim & Morell Cons (9:30-11:30) & K&K Quality Care	Open Swim & School Bookings	Open Swim & Stonepark (9:30-11:00)	Swimming Lessons & Special Needs		
10:00	Open Swim & School Bookings	Open Swim	Open Swim	Open Swim	Open Swim		
11:00	Open Swim & School Bookings	Open Swim	Open Swim	Open Swim	Open Swim		
12:00	Open Swim & School Bookings	Open Swim	Open Swim	Open Swim	Open Swim		
1:00	Open Swim & School Bookings	Open Swim	Open Swim	Open Swim	Open Swim		
2:00	Open Swim & School Bookings	Open Swim	Open Swim	Open Swim	Open Swim		
3:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
4:00	Bluephins	Swimming Lessons	Bluephins	Swimming Lessons	Bluephins		
5:00	Bluephins	Swimming Lessons	Bluephins	Swimming Lessons	Bluephins		
6:00	Special Olympics PEI	Waterslide Open	Waterslide Open	Waterslide Open	Waterslide Open		
7:00	Open Swim	Community Swim \$3.00 Per Person!	Open Swim	Community Swim \$3.00 Per Person!	Open Swim		
8:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
9:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
9:30	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		

All Aquatic Schedules Are Subject To Changed Without Notice.



CARI is an authorized reseller for all Speedo, Nike, TYR swimming gear!

Goggles Lifejackets (PFD) Nose Plugs  
Towels Aquafit Bathing Suits Specialized Suits  
Kids Bathing Suits Training Suits

Have questions about Aqua Fitness? Unsure if Aqua Fitness is for you?

Let our certified instructors relieve any of your doubts! The Aquatics Department offers free 30 minute orientations for all new clients interested in starting Aqua Fitness. Orientations include information regarding: membership options, class schedules and suitability, facility parking, introduction to the pool facilities & pool area, use of aqua fitness equipment, accessibility options as well as any other questions you may have. Schedule your appointment today!

Be Sure To Check Out Our Winter / Spring Program Brochure!

Leadership Programs Swimming Lessons  
Private Lessons Aqua Fit Programs

Program Information: [aquatics@caripei.ca](mailto:aquatics@caripei.ca)  
Website: [www.caripei.ca](http://www.caripei.ca) --- Phone: 902-569-4584

"Splash"  
CARI Aquatics Mascot