

Weekly Aquatics Schedule = June 07 - June 13

Competition Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30	Bluephins 2L		Bluephins 2L	Lane Swim	Bluephins 2L		
6:00		Lane Swim	Lane Swim	Lane Swim			
7:00	Aqua Jog 3L	Lane Swim	Aqua Jog 3L	Lane Swim	Aqua Jog 3L		
8:00		Tethered Explosion 3L	Tethered Explosion 3L	Tethered Explosion 3L	Lane Swim	Bluephins 4L	
9:00	Cardio Craze 4L		Cardio Craze 4L		Cardio Craze 4L	Lane Swim	Lane Swim
10:00	Open Swim & School Bookings	Open Swim & School Bookings	APSEA Open Swim & School Bookings	Open Swim & Prince Street	Special Needs	Lane Swim	Lane Swim
11:00						Family Swim	Syncro PEI - 3L
12:00	Aqua Arthritis 5L	Lane Swim	Aqua Arthritis 5L	Lane Swim	Aqua Arthritis 5L	Lane Swim	Lane Swim
1:00							
2:00	Open Swim & School Bookings	Open Swim & School Bookings	Open Swim & School Bookings	Open Swim & Play School	Toonie Swim \$2.00 Per Person!	Open Swim	Open Swim
3:00						Open Swim	Open Swim
4:00	Bluephins 3L	Bluephins 3L	Bluephins 3L	Bluephins 3L		Lane Swim	Open Swim
5:00	Bluephins 6L	Bluephins 6L	Bluephins 6L	Bluephins 6L		Open Swim	Leadership Courses Lane Swim
6:00	Bluephins 3L	Sunset Fitness 2L	Bluephins 3L	Sunset Fitness 2L	Open Swim	Lane Swim	Open Swim
7:00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Open Swim	Autism Swim	Leadership Courses Lane Swim
8:00	Masters 4L	Community Swim \$3.50 Per Person!	Masters 4L	Community Swim \$3.50 Per Person!	Lane Swim		
9:00	Liqua Abs 2L		Liqua Abs 2L				
9:30							



This Schedule Is Not Reflective Of The Number Of Lanes Available In The Competition Pool. Unless otherwise Noted. All Aquatic Schedules Are Subject To Changed Without Notice.

Leisure Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30							
6:00	Open Swim		Open Swim	Open Swim	Open Swim		
7:00		Open Swim	Open Swim	Open Swim			
8:00							
9:00	Cardio Craze		Cardio Craze		Cardio Craze		
10:00	Baby & Me Open Swim & School Bookings	Open Swim & School Bookings	Open Swim & School Bookings	Open Swim & Prince Street	Special Needs		
11:00	Take Two 1L		Take Two 1L			Open Swim	Family Swim
12:00	Aqua Arthritis	Open Swim	Aqua Arthritis	Open Swim	Aqua Arthritis		
1:00							
2:00	Open Swim & School Bookings	Open Swim & School Bookings	Open Swim & School Bookings	Open Swim & Play School	Toonie Swim \$2.00 Per Person!		
3:00		Open Swim		Open Swim		Waterslide Open	Waterslide Open
4:00						Open Swim	Open Swim
5:00	Open Swim	Swimming Lessons	Open Swim	Swimming Lessons	Open Swim	Waterslide Open	Waterslide Open
6:00	Waterslide Open		Waterslide Open		Waterslide Open		
7:00						Autism Swim	
8:00	Community Swim \$3.50 Per Person!		Community Swim \$3.50 Per Person!				
9:00							
9:30							



CARI is an authorized reseller for all Speedo, Nike, TYR swimming gear!

Goggles Lifejackets (PFD) Nose Plugs
 Towels Aquafit Bathing Suits Specialized Suits
 Kids Bathing Suits Training Suits



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 Private Lessons Aqua Fit Programs

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Splash
CARI Aquatics Mascot